Workshop Dates
October 5 - 30, 2020

Military & College Life
Understand what it takes to successfully adapt to a college lifestyle

Academic Planning
Customize your academic plan to fit your interests beyond the military

Key to Success
Essential study habits, time management, and effective writing

Free
COLLEGE PREP WORKSHOP
Four-weeks / Eight Sessions
Lunch or evening classes available...

Take control of your college future today!

Lunch Sessions
Option 1
Course Times: Mon & Wed
11:45 am - 12:35 pm

Evening Sessions
Option 2
Course Times: Tues & Thurs
5:00 pm - 5:50 pm

Sign up here
Register at:
ftcarson@uccs.edu
### Workshop Topics...

#### MILITARY AND COLLEGE LIFE

- **Day 1:** Understanding the Changes
  - Culture
  - Student Veteran Differences
  - Trends
  - Leadership

- **Day 2:** Academic Planning
  - College + Community Resources
  - Visiting Campus
  - Student Veteran Office
  - Campus Activities

- **Day 3:** Becoming a Learner
  - Building Relationships
  - School’s Rank & Accreditation
  - Build Relationships with Classmates

- **Day 4:** Exams
  - SAT / ACT
  - Test Anxiety
  - Preparation Strategies
  - Healthy Living

- **Day 5:** Keys to Success
  - You, the College Student
  - Time Management
  - Goal Setting
  - Team Work
  - Goal Setting

- **Day 6:** Paying for College
  - Your Money
  - Military Benefits
  - Scholarships
  - Grants
  - Budgeting
  - Work Study Programs
  - Completing FAFSA
  - Federally Funded Loans
  - Campus Finance Office

- **Day 7:** Post Academic
  - Your Career
  - Researching Career Interests
  - Leveraging Military Experience
  - Dress for Success
  - Organizational Culture
  - Career Fairs

- **Day 8:** Master Program Choices
  - Doctoral Programs

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**Veteran and Military Affairs**

University of Colorado Colorado Springs